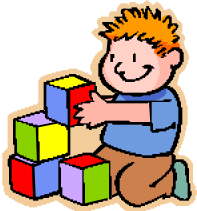


We support, make referrals to and accept referrals from programs, agencies and individuals in both **Pincher Creek and Crowsnest Pass**

ALL programs offered by Brighter Futures are **FREE!**



Call us about..... books, videos, & pamphlets on child development, health, nutrition, behaviours, etc. that we have available in our **Resource Library.**



Contacts:

In **Pincher Creek** call:

627-1669

Box 657
Pincher Creek, AB
TOK 1W0
(Room 220, Provincial Building)
pc_cnpbf@telusplanet.net

In the **Crowsnest Pass** call:

563-3998

or

563-8050

Box 543
Blairmore, AB
TOK OEO
(Horace Allen School)
brighterfutures@hotmail.com

Funded by:

* Public Health Agency of Canada
Community Action Programs for Children
(CAPC)

* Lethbridge Family Centre

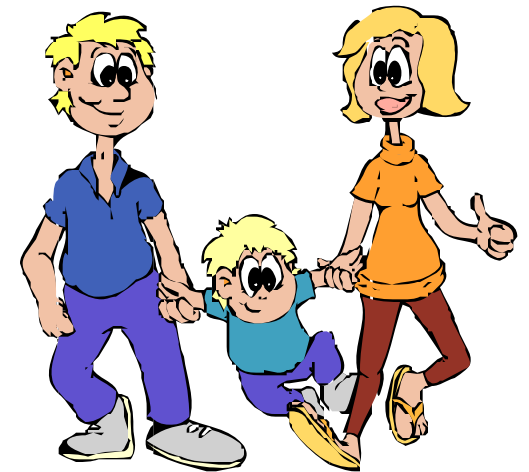


* Pincher Creek FCSS

Sponsoring Agency is the
Napi Friendship Centre.

Brighter Futures Project

Pincher Creek
and
Crowsnest Pass



Brighter Futures will enable and empower **ALL** families with children under 12 years old to create a stable, healthy and positive home environment.



The Brighter Futures Project is a combination of activities and services that provide *personal support, social, play and learning opportunities* for parents and their children under 6 years old.

- Are you wondering if your child is learning everything they need to know in order to be ready for school?
- Do you sometimes feel like talking about the challenges of parenting and need new ideas?
- Would you like to feel more confident and successful with yourself as a parent?
- Would you like to know what is available in your community to assist you with your parenting?

If you answered **YES** to any of these questions, give us a call!

627-1669
563-8050

PARENTS As TEACHERS

A Parent Educator is available to meet with you and your child aged 0 to 5 years in your home once a week, twice a month or once a month; your choice

PROGRAM VISION:

ALL parents are their child's **first** and **most influential** teacher.

PROGRAM GOALS:

- * Give the child a solid foundation for school success.
- * Increase parents' confidence in giving their child the best possible start in life.
- * Increase parents' knowledge of child development and appropriate activities to stimulate learning.
- * Develop a true partnership between parents and school.
- * Provide a means for early detection of potential learning problems.
- * Prevent and reduce child abuse and neglect.

PROGRAM COMPONENTS:

- * **Personal visits** provided by a certified Parent Educator trained in child development.
- * **Screenings** done yearly with all children for overall development, language, hearing and vision.
- * **Resource Network** providing links to other community resources and/or programs in the community.

PARENTING PROGRAMS

Baby's First Touch

- An instructor will walk you through learning how to massage your baby in this relaxing program.

Keeping the Peace

- This program teaches parents and caregivers how to help children resolve conflicts.

Right From the Start

- This program focuses on assisting parents form a strong attachment with their infant under 2 years of age.

* **Parent/Child Mother Goose**

This interactive program focuses on learning songs, rhymes and finger plays. For parents with children 0-3 years old.



LIFE SKILLS

For adults or children (ages 3 to 12 years old) at the request of the community on:

WORKSHOPS

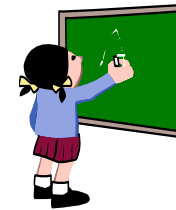
Anger Management

Self Esteem

Conflict Resolution

Respect

Decision Making and others



These can be offered as **group** or **individual** sessions.