

WELCOME TO MAKING CONNECTIONS / NIK-SOK-OWA

Making Connections is a school-based family support program offering a variety of programs to families attending Galbraith, Senator Buchanan and Westminster Schools.

Nik-Sok-Owa (Blackfoot word meaning “*All My Relations*”) is the Aboriginal component of the program providing services to Aboriginal families attending Galbraith, Senator Buchanan, Westminster and Park Meadows Schools.

WHO CAN USE OUR SERVICES?

Making Connections / Nik-Sok-Owa welcomes students, parents, foster parents, siblings and extended family members affiliated with Galbraith, Senator Buchanan, Westminster and Park Meadows Elementary Schools.

HOW DO WE ACCOMPLISH THIS?

EDUCATION

- Courses for parents on family relationships
- Classes on specific parenting topics
- Resource Library for parents
- Monthly parent newsletter
- Special interest classes for students
- Homework clubs

SOCIAL SUPPORT

- Special interest support groups
- Leisure activities for parents, families or students
- One-on-one counselling and parenting support
- Liaison to community resources
- Crisis intervention
- In-Home support services
- Culturally sensitive programming specific to the needs of a multicultural school population

FINANCIAL SUPPORT

- Semi-annual free clothing exchange
- Free haircuts (monthly)
- Subsidy arrangements for courses and sports programs
- Food Bank referrals
- Community Kitchens
- Breakfast Club

WHAT DO OUR SERVICES COST?

Services are free with the exception of a registration charge for classes that are provided by another agency.

WHAT TYPES OF PROGRAMS HAS MAKING CONNECTIONS OFFERED?

Breakfast Club
Haircutting Clinic
Krafty Kids
Active Parenting
Aboriginal Parenting
Aboriginal Community Kitchen
Snack Attack
Clothing Exchange
Tax preparation
Homework club
Eagle Readers
Rainbows
Healthy Relationships
Prism – Adult Grief Support
Medicine Wheel Workshops
Parent Craft Programs
Sewing Circles
And lots more!

The program is responsive to the needs of the school population so is always changing.

MISSION STATEMENT

Making Connections / Nik-Sok-Owa works with parents, children and school staff to make the best possible learning environment for children at home and at school.

Our purpose is to support families socially, educationally, financially and culturally using school and community resources, to help create healthy relationships and solid foundations for learning.

MAKING CONNECTIONS

is funded by:

- Southwest Alberta Child and Family Services
- Lethbridge School District #51
- Alberta Children's Services - Parent Link
- Local Businesses

is offered in partnership with:

- First Nations, Métis and Inuit Education Program
- Family Centre

For information on any programs or our services, please call:

Galbraith - 320-9768

Westminster - 327-8989

Nik-Sok-Owa - 327-5995

Staff:

Tracey Erickson-Driscoll

Family Liaison Worker

(Galbraith)

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A School-Based Family Support Program

