

FAMILY CENTRE

is a non-profit charitable
organization funded by:

- ♥ Southwest Alberta Child and Family Services Authority
- ♥ The City of Lethbridge - FCSS
- ♥ Lethbridge Public School District #51
- ♥ Holy Spirit Catholic Regional School Division #4
- ♥ Lethbridge Lifelong Learning Association.
- ♥ Alberta Justice
- ♥ Fundraising and Donations



1010 - 4 Avenue South
Lethbridge, AB T1J 0P5

Phone (403) 320-4232
Fax (403) 329-7321
Email info@famcentre.ca

FAMILY CENTRE

services include:



**FAMILY
CENTRE**

Mission Statement

Family Centre works to strengthen capacities and encourage the best possible development of families in Southwestern Alberta. Our purpose is to strengthen families using resources and supports that contribute to healthy relationships at home and in the community.

"HEALTHY CHILDREN, HEALTHY FAMILIES,
HEALTHY COMMUNITIES"



Information and Referral

- ♥ A comprehensive resource directory
- ♥ An extensive library

Early Literacy-Early Learning and Care Programming

Preparing children for school success through

- ♥ Interactive play programs for infants, toddlers and preschoolers
- ♥ Drop-in programs for parents / caregivers and children

Parent Education

- ♥ Courses, workshops and presentations
- ♥ Groups / programs for preschool and school-age children and their families

Family Support Services including Counselling (Individual, Couple, and Family) and Parent/Teen Mediation

- ♥ Parent support
- ♥ A Family Systems approach to counselling
- ♥ Parent/teen mediation to help resolve conflicts and negotiate solutions

Outreach/Partnerships

- ♥ Collaboration and consultation with community agencies to provide services to families in Southwest Alberta
- ♥ Satellite programming

Who can use our services?

- ♥ Parents/Caregivers and their children
- ♥ Schools
- ♥ Community agencies/organizations

What do our services cost?

All our services are free of charge to children and their families with the exception of a registration fee charged for some courses or workshops. **Subsidy available to residents of the City of Lethbridge.**

